

Year 1- Spring

DT Knowledge Organiser

Unit of work:

Making a fruit salad / kebab

Links to other year groups: Year 3 making bread; Reception - tasting foods.

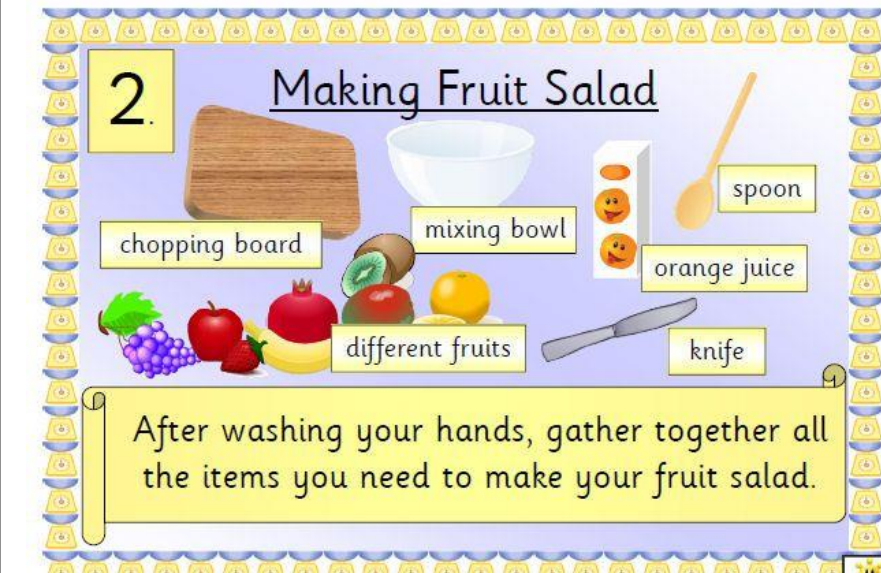
Key Vocabulary & Skills:

Fruit
 Healthy eating
 Strawberries
 Bananas
 Mango
 Melon
 Pineapple
 Skewers
 Moderation
 Knives
 Safety

Real World Examples:



Constructional Diagrams & Key Info:



Important People:

Jamie Oliver healthy eating campaign:



RECIPE INGREDIENTS

- 1 Apple
- 2 - 3 Kiwi fruit
- 1 Orange
- Few Raspberries
- 1/2 cup Pomegranate seeds
- Mint leaves

Sequence of lessons:	
	Brief summary of lesson content:
Lesson 1	What is healthy eating and why is this important? (healthy eating campaign/change for life)
Lesson 2	Try different fruit and evaluate likes and dislikes. (Link to science and senses.)
Lesson 3	Design a fruit salad/kebab (write a recipe).
Lesson 4	Make and eat their fruit salad and evaluate.