


# PSHE in Reception 2022-23

Throughout their reception year at BHSa children are supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life. Whilst our teaching of PSHE is happening constantly in everything that we do from the moment we welcome our children, we choose stories carefully to provide a personalised curriculum delivered in a safe and effective way.

Autumn	Spring	Summer
<p><i>Celebrating me, celebrating differences</i></p> 	<p><i>Looking after me and my world</i></p>	<p><i>Never giving up</i></p>
<ul style="list-style-type: none"> <li>⇒ Personal hygiene</li> <li>⇒ Following classroom rules and having responsibility</li> <li>⇒ Recognising similarities and differences between families</li> <li>⇒ How to be a good friend and resolve conflict peacefully</li> <li>⇒ Giving to others and being grateful</li> <li>⇒ Staying safe—road safety, firework safety</li> </ul>  	<ul style="list-style-type: none"> <li>⇒ I can do it—New Year Challenge</li> <li>⇒ Recognising different religious celebrations</li> <li>⇒ Who helps us in our community? Link to stranger danger</li> <li>⇒ Eating healthy</li> <li>⇒ Looking after my teeth</li> <li>⇒ Keeping active</li> </ul> 	<ul style="list-style-type: none"> <li>⇒ Building resilience</li> <li>⇒ Recognising and controlling my emotions</li> <li>⇒ Positive attitude to learning</li> <li>⇒ Preparing for change</li> <li>⇒ Being part of a team</li> <li>⇒ Recognition of our own abilities</li> </ul>

