

Nursery (PSED)

Children's personal, social and emotional development is crucial for children to lead healthy & happy lives, and is fundamental to their cognitive development.

The 3 areas are:

Self-regulation

Managing self

Building relationships

These goals will be continued throughout the school year in Nursery

Autumn Term

Learning about the similarities/differences of others

Learning that families are different

Learning how to behave in different settings

Learning how to make new friends

Learning how to share and take turns

Learning how to be respectful to others and use manners

Learning how to be kind, take turns and share

Learning that we must use gentle, kind hands

Learning how to use the toilet independently

KEY WORDS

rules, danger, happy, sad, angry,

healthy, unhealthy, exercise,

similar, different

Spring Term

Learning that expectations vary depending on different situations

Learning to show an interest in the lives of people who are familiar to them

Learning to express their feelings

Learning to use equipment and tools safely

Summer Term

Learning to show confidence & self-esteem

Learning to take risks and try new things

Learning to be more independent in meeting their own health care needs, e.g using toilet, washing hands, cleaning teeth etc

Learning to use a knife and fork independently

