

Year 3

Autumn term

Drug, alcohol and tobacco education:
Making choices

Keeping safe and managing risk

Internet Safety, how to stay safe and
aware online

Pupils learn about celebrating achievements and setting personal goals.

Pupils learn about dealing with put-ups and put-downs (with strategies to deal with them)

Pupils learn about positive ways to deal with set-backs.

Pupils learn about valuing the similarities and differences between themselves and others.

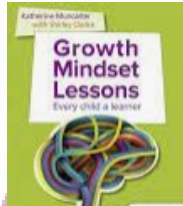
Pupils learn that differences and similarities between people arise from a number of factors including family, culture, age, gender, personal interests, belief.

Pupils learn about what is meant by community and how to appreciate the diverse communities that exist.

Pupils learn about belonging to groups and the positives and negatives associated with groups.

Summer term

Careers, financial capability, and
economic wellbeing.



Pupils learn the definition of a drug and that drugs (including medicines) can be harmful to people (tobacco, nicotine products, alcohol and caffeine).

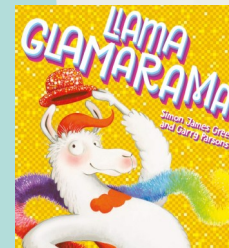
Pupils learn the effects and risks of smoking tobacco and secondhand smoke.

Pupils learn about how the laws relating to smoking help people to stay healthy.

Pupils learn about the help available for people to remain smoke free or stop smoking and how they can help someone who wants to stop.

Pupils learn to recognise bullying and how it can make people feel. Including the difference between falling out with someone and bullying.

Pupils learn about different types of bullying (including racism and online) and how to respond to incidents of bullying.



This guidance has been designed and written by our elected school council

Pupils learn about what influences people's choices about spending and saving money (how shops persuade us to spend)

Pupils learn how people can keep track of their money, discussing the different between need and want.

Pupils learn about the world of work including, voluntary, full-time, shift work.

Pupils learn about making healthy choices about food and drinks, when they have made choices and the influences on their decisions.

Pupils learn about how branding can affect what foods people choose to buy and determine best 'value for money' based upon taste, packaging and cost.

Pupils learn about keeping active and some of the challenges of this.

How can smoking affect people's bodies?	What might help someone who wants to stop smoking?

You, Me,
A scheme of work for the
primary school
years 1-6

Spring term

Mental health and emotional wellbeing

Identity, society and equality

What skills are useful for different jobs?

