

Curriculum Map Year 11 PE

Topic Name	Term	Skills developed with link to NC Subject content	Reflection on previous link in the curriculum	Progress to future link in the curriculum
Socio-cultural influences Interpret extended response questions	Autumn HT1	<ul style="list-style-type: none"> Engagement patterns across social groups Factors affecting participation Commercialisation Types of sponsorship and the media 		Links to A Level curriculum which include: <ul style="list-style-type: none"> Underrepresented groups Understanding the key terms relating to equal opportunities Characteristics and impact of the golden triangle The positive and negative impact of commercialisation, sponsorship and the media
Sports psychology Apply knowledge across a wide range of physical activities	Autumn HT1	<ul style="list-style-type: none"> Classification of skills Goal setting and the use of SMART targets Basic information processing Types of guidance Types of feedback 	Students should be able to use their own practical experience in sport from KS3 and apply it to sporting examples for each topic	Links to A Level curriculum which includes: <ul style="list-style-type: none"> Skill, skill continuums and transfer of skills Use of guidance and feedback Memory models Goal setting
Socio-cultural influences (continued) Link AO1, AO2 and AO3 for extended response questions	Autumn HT2	<ul style="list-style-type: none"> Positive and negative effects of the media Positive and negative effects of technology Conduct of performers Prohibited substances and methods 		Links to A Level curriculum which includes: <ul style="list-style-type: none"> Ethics in sport Drugs in sport Sport and the law
Sports psychology (continued) Understand how psychological state affects performance	Autumn HT2	<ul style="list-style-type: none"> Arousal and the inverted U theory Stress management techniques Aggression Personality types Intrinsic and extrinsic motivation 	Students should be able to use their own practical experience in sport from KS3 and apply it to sporting examples for each topic	Links to A Level curriculum which includes: <ul style="list-style-type: none"> Arousal Motivation Aggression Stress management Personality
Socio-cultural influences (continued) Knowledge of subject specific vocabulary	Spring HT3	<ul style="list-style-type: none"> Which performers may take performance enhancing drugs (PEDs) Advantages and disadvantages of PEDs Hooliganism 		Links to A Level curriculum which includes: <ul style="list-style-type: none"> Drugs in sport Sport and the law
Movement analysis Link content to previous learning and apply knowledge to sporting examples	Spring HT3	<ul style="list-style-type: none"> Levers Mechanical advantage and disadvantage Analysis of basic movements and sporting examples Planes and axes 	Students should have knowledge of a wide range of sports and movements within those sports from KS3 to be able to apply to types of movement	Links to A Level curriculum which includes: <ul style="list-style-type: none"> Levers
NEA performance analysis assessment Analyse sporting performance and evaluate methods to improve	Spring HT4	<ul style="list-style-type: none"> Analysis of strengths and weaknesses Evaluation of methods to improve sporting performance 	Students likely to choose a sport and a skill that has been covered in the KS3 curriculum	Links to A Level curriculum which includes: <ul style="list-style-type: none"> NEA performance analysis assessment - analysis of two weaknesses NEA performance analysis assessment - evaluation of two weaknesses
NEA practical performance in physical activity and sport	Spring HT4	<ul style="list-style-type: none"> Demonstrate their ability to develop and apply the core skills/techniques in increasingly demanding and progressive drills in each of their three chosen activities Demonstrate their ability to apply the core skills/techniques, specific to their position where appropriate, in the full context of each of their three chosen activities 	Students likely to choose sports that have been covered in the KS3 curriculum and will be required to show their skills in drills that	Links to A Level curriculum which includes: <ul style="list-style-type: none"> NEA practical performance in one activity. Students are assessed in technical quality and application of strategic/tactical awareness

Exam preparation	Summer HT5	<ul style="list-style-type: none">• Understanding command words• Analysis of AO1, AO2 and AO3 questions• Recapping content from Year 10 (please see Yr 10 curriculum map) and Year 11 HT1 to HT4		
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	Summer HT6			
	Summer HT6			